

Paringa Archery Club Newsletter

Join in, achieve and have fun.



Target and Field: 93 Reatta Rd, Trevallyn Reserve, Launceston, Tasmania

May 2016

To help make the newsletter relevant for you, please pass on any copy, comments, suggestions or submissions to the email in the footer or catch me at the club.

For what's happening at Paringa in 2016, see our Internet calendar

<http://teamup.com/kse0b691dc54d89bc2/>

Current Officer Bearers

President	Rolfe de la Motte
Vice President	Tim Schwabe
Treasurer	Jeff Garner
Secretary	Caitlin Street
Recorder	Geoff Dyer Wayne Boon (Entry)
Schools Programme Coordinator	Jeff Garner
Group Bookings Coordinator	Jeff Garner
Tournament Coordinator	Andrew Fluck
AST Delegate	Andrew Fluck
AA Club Coach - Compound	Vacant
AA Club Coach - Recurve	Vacant
Public Relations	Jeff Garner
Public Officer	Caitlin Street
Member Protection Officer	Caitlin Street
Web Administrator	Jeff Garner
Auditor	Camerons

This Month's Face of Paringa

Rolfe de la Motte is our club President and organises the Saturday Come and Try teams as well as scheduling club shoots on Saturday afternoons. When not walking the Tassie bush, you will find him at the range with his Recurve or new passion,



Longbow (American Flat Bow ☺) .



What the! Has Rolfe gone to the "dark side"? Nick watches on as Rolfe tries out his compound.

Paringa Indoor Project

Current status

- Waiting on P&W Risk Activity Assessment (RAA) submitted 18/4/2016. Due Sept 2016.

After this we can start looking at the West Tamar Councils building approval process and fund raising.

Club Meeting

Paringa Meeting 7/5/16

Present: Jeff G, Rolfe d, Shirley M, Wal M, Tim S, Cameron S, Richard B, Richard G, Turbo

- A small working bee needs to be arranged on a Sunday afternoon to replace one delaminating foam butt on the range with one of the new ones, to do a bit of work on the field course and to put in a section of drain at the back of the clubhouse.
- The new design prototype for the target butt wheels has proven successful. Tim S now attempting to source suitable pipe for the 'tyres'.
- People needed to help set up for the Northern Indoors- starting at Paringa 3:30pm on Friday 27th May to load up then setup at Cressy High School gym. Jeff G to circulate email to advise members.

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- Indoors Fund- As at 5th May the club has approx \$55k on deposit with approx \$5k in outstanding costs, leaving approx \$50k for the indoor venue fund.
- The RAA application for the indoors venue has been submitted to Parks and we anticipate approval around late August. The next stages of planning will then proceed.
- Club recorder- Thanks to Geoff D for stepping up to fill the club recorder position. Wayne B will also assist in score data entry.
- WiFi- Jeff has purchased a WiFi hotspot to assist in electronic scoring which can be done either directly online through Archer's Diary or via the mobile (Android) app. Jeff will circulate an email with a link to the app.

Next club meeting: Sat 2nd July 2016

Organiser: President

Working Bees

Next Working Bee: see calendar

Organiser: All members

Groups

This month saw a Riverside High school group with a total of 19 students trying out archery.

Do you know of a group that would love to have a go at archery (schools, corporate, birthdays etc)?

Organiser: Jeff Garner - m: 0411 878 658

Come & Try

The weather has been holding out for us and numbers have been good through May. As I write the temperature started at -1 today (Wed 25th) so I think winter is here.



John and son Andrew enjoy their C&T together.

C&T Teams

Team 1

Wally Morphett
Shirley Morphett
Richard Barnes
Tim Smallbon

Team 3

Brian Swinton
Leon Pearce
James Barker

Team 2

Andrew Fluck
Corrie van Barneveldt
Simon Timmens

Team 4

Rolfe de la Motte
Geoff Dyer
Nick Hayworth

Backups:

Jeff Garner, Caitlin Street

Thanks to these members for offering their time. A few volunteers still needed (we'd like to have 4 in each group). If you can spare one morning every four weeks please contact Rolfe on 0409 686 911 or rolfe.delamotte@gmail.com

Organiser: Rolfe de la Motte and Teams

Members

No new members since 30/04/2016

Member Type	Count
Associate	3
Cub	3
Intermediate	3
Under 20	6
Open	20
Master	11
Veteran	10
Total	56

Please make our new members feel welcome when you see them around the club.

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Coaching

Setting Goals

All archers need to have something to motivate them. In the beginning, it is usually getting all the arrows on the target butt at 10m. If we are still interested after that, it's how far can I shoot and still hit the butt. Few archers realise the process they are going through is one they will continue for as long as they do target archery. **Grouping the arrows as tightly as they can on the centre of the target.**

Beginners rule of thumb: Start at 10m and only move to the next distance (+5m) when you can shoot three consecutive ends (18 arrows) and keep them within the red rings of a 122cm target face.

The OzBow program was designed with this in mind and requires an archer to achieve a high enough score to progress to the next distance. See <http://paringa.archerytasmania.org.au/OzBow.php>



So set your performance goals, achieve them, review them and up the bar.

Club Shoots

Organiser: Rolfe de la Motte

Midweek Twilight Shoot

Next Twilight: When daylight savings starts again.

Organiser: Brian Swinton

QRE (WA)

See calendar for next QRE.

Organiser: Geoff Dyer

Target (WA)

Next Target:

Organiser: Tournament coordinator

Indoor (WA)

The Northern Indoors was held Sat 28th and Sun 29th May at Cressy High School.



Daniel 'crunching' the numbers and Shayne about to pull his arrows.



Organiser: Tournament coordinator

Field (WA)

Next Field:

Organiser: Tournament coordinator

Clout (AA)

Organiser: Paul Malinowski

All results at archersdiary.com/EventResults.aspx

Rabbit of the Month

This section is dedicated to notable actions that members may on occasion happen to do.

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Who is this beginner digging his arrow out of the wood? Hang on, that pink fletching looks familiar. Yep, we all do it and usually more than once!

Paringa would like to acknowledge the support from Communities, Sport and Recreation, Premiers Department with the recent \$10k grant to help with bows, arrows and targets for community events and school groups.



The Final Say



Keep the salt handy!
Yes the wet weather has brought the leeches out. This little one was on the range midweek and the weekend before I

arrived home to find blood running down the back of my leg and one recent Saturday Luke had one on his shirt while doing the club shoot.

Don't forget the World Masters Games in NZ 2017 at <http://www.worldmastersgames2017.co.nz>

FOR SALE

Clint Freeman

Strings

Clint Freeman strings are made from the highest quality products from BCCY fibers. With over 20 years of string making experience, Clint Freeman strings have accumulated in excess of 50 National titles, 2 World titles, multiple international podium finishes, 13 World records plus countless National and State records.

To help reduce any annoying peep rotation or stretch, Clint Freeman strings are constructed under incredibly high tension.

STRINGS and CABLES

RECURVE - \$40 (made from "8125")

COMPOUND - \$40 (made from "X" and "8190")

Mathews solo-cam compound string - \$80

COMPOUND STRING/CABLE SET (5 total)
(please allow one week)

\$115

STRING/CABLE FITTING

(This includes cam timing, draw length set and centre serving to suit nocks)

\$80

Colours currently available in "8125": Black

Colours currently available in "X": Black, Flo Yellow and Flo Green

Colours currently available in "8190": Black, Blue and Buck Skin

Please contact Clint Freeman by

email freemanclint@hotmail.com or mobile: 0467299051 to discuss your string needs.



<http://www.pats-archery.com/>

1/2/2015 - Due to the crashing Aussie \$ all discount codes have ceased 01 Jan 2015. We will

Editor: Jeff Garner

Comments/Submissions: treasurer@paringa.archerytasmania.org.au

Club Website: www.paringa.archerytasmania.org.au

Event Results: archersdiary.com

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recommence them as soon as the pricing structure is adjusted. We will still ship express to Tas for the same price as standard AUSPOST
Regards Pat



WANTED TO BUY

Two sets of 2nd hand Recurve bows (right handed, 20lb - 28lb), arrows, arm guards, finger tabs, quivers. Budget is \$200 - \$300
Contact Steve Neville 0407 849 771 or steve.neville8@gmail.com

PARINGA ARCHERS / ARCHERY SOC TAS (AST) EVENTS CALENDAR 2016

Event/Tournament	Date	Club/Location	Comments
JUNE			
Come n Try	Sat 4		Group 1
Club Shoot 1:00	Sat 4	Paringa	Perth (90 arrow)
QRE	Sun 5	Hobart/Lauderdale	
Come n Try	Sat 11		Group 2
Club Shoot 1:00	Sat 11	Paringa	Field
NorthWest Indoor	Sat 11 –Sun 12	Burnie	FITA 18m
Come n Try	Sat 18		Group 3
Club Shoot 1:00	Sat 18	Paringa	Adelaide (120 arrow)
AST Management Meeting	Sun 19	TBA	
Come n Try	Sat 25		Group 4
Club Shoot 1:00	Sat 25	Paringa	60/720
QRE	Sun 26	Burnie	Outdoor
JULY			
Come n Try	Sat 2		Group 1
Club Shoot , Meeting before, 1:00	Sat 2	Paringa	60/900
QRE	Sun 3	Hobart/Lauderdale	
Come n Try	Sat 9		Group 2
Club Shoot 1:00	Sat 9	Paringa	Brisbane (120 arrow)
National/AST Indoors	Sat 16 - 17	Hobart/Lauderdale	
Come n Try	Sat 16		Group 3
Club Shoot 1:00	Sat 16	Paringa	Field
Come n Try	Sat 23		Group 4
Club Shoot 1:00	Sat 23	Paringa	Townsville (72 arrow)
QRE 10:00am	Sun 24	Paringa	
QRE	Fri 29	Burnie	Indoor
Come n Try	Sat 30		Group 1
Club Shoot 1:00	Sat 30	Paringa	60/900
Bunbury Silver Leprechaun (Postal)	Sun 31	Paringa	2 x FITA 900
AUGUST			
Come n Try	Sat 6		Group 2
Club Shoot 1:00	Sat 6	Paringa	Launceston (72 arrow)
QRE	Sun 7	Hobart/Lauderdale	
Come n Try	Sat 13		Group 3
Club Shoot 1:00	Sat 13	Paringa	Field
Beginner's Course 3 Begins	Sat 13	Paringa	
Southern Clout	Sat 13 – Sun 14	Hobart/Lauderdale	
QRE	Fri 19	Burnie	Indoor
Come n Try	Sat 20		Group 4
Club Shoot 1:00	Sat 20	Paringa	Clout
Come n Try	Sat 27		Group 1
Northern Clout	Sat 27	Paringa	
AST Management Meeting	Sun 28	TBA	
SEPTEMBER			
Come n Try	Sat 3		Group 2
Club Shoot , Meeting before, 1:00	Sat 3	Paringa	Clout/Short Adelaide
QRE (Fathers Day)	Sun 4	Hobart/Lauderdale	
Come n Try	Sat 10		Group 3

Club Shoot 1:00	Sat 10	Paringa	QRE rounds
AST Clout Championships	Sat 10 - Sun 11	Burnie	
Come n Try	Sat 17		Group 4
Club Shoot 1:00	Sat 17	Paringa	Field
QRE	Sun 18	Burnie	Outdoor
Come n Try	Sat 24		Group 1
Club Shoot 1:00	Sat 24	Paringa	Darwin (90 arrow)
QRE 10:00am	Sun 25	Paringa	
OCTOBER			
National Championships	Sat 1 - 5	Adelaide	
Come n Try	Sat 1		Group 2
Club Shoot 1:00	Sat 1	Paringa	60/900
QRE	Sun 2	Hobart/Lauderdale	
Twilight Shoots resume 5:30 start	Wed 5	Paringa	
Come n Try	Sat 8		Group 3
Club Shoot 1:00	Sat 8	Paringa	QRE rounds
Come n Try	Sat 15		Group 4
Club Shoot 1:00	Sat 15	Paringa	Field
AST AGM Notification Deadline	Fri 21		
Come n Try	Sat 22		Group 1
Club Shoot 1:00	Sat 22	Paringa	Sydney (120 arrow)
Luttrell-Clarke Memorial	Sat 22 – Sun 23	Burnie	FITA Arrowhead-900
Come n Try	Sat 29		Group 2
Club Shoot 1:00	Sat 29	Paringa	60/900
Working Bee 10:00am	Sun 30	Paringa	
QRE	Sun 30	Burnie	Outdoor
NOVEMBER			
Deloraine Craft Fair	Fri4- Mon 7	Deloraine	
Northern Championships	Sat 5 – Sun 6	Paringa	FITA 900
Come n Try	Sat 12		Group 3
Club Shoot , Meeting before, 1:00	Sat 12	Paringa	FITA 70/144
Beginner's Course 4 Begins	Sat 12	Paringa	
QRE	Sat 12	Burnie	Field
Southern FITA Star	Sat 12 - Sun 13	Hobart/Lauderdale	FITA Star
AST AGM Nomination/Voting Forms	Sun 13		
QRE	Fri 18	Burnie	Indoor
Come n Try	Sat 19		Group 4
Club Shoot 1:00	Sat 19	Paringa	Field
Deloraine Show	Sat 19	Deloraine	
AST Annual General Meeting	Sun 20	TBA	
Come n Try	Sat 26		Group 1
Club Shoot 1:00	Sat 26	Paringa	Townsville (72 arrow)
AST Target Championships	Sat 26 - Sun 27	Hobart/Lauderdale	FITA Star
DECEMBER			
Come n Try	Sat 3		Group 2
Club Shoot 1:00	Sat 3	Paringa	60/900
QRE	Sun 4	Hobart/Lauderdale	
Come n Try (last for 2016)	Sat 10		Group 3
AGM	Sat 10	Paringa	
Club Shoot 1:00	Sat 10	Paringa	Adelaide (120 arrow)
Christmas BBQ 5:30	Sat 10	Paringa	

<i>QRE</i>	Sun 11	Burnie	Outdoor
Final Twilight Shoot 5:30 start	Wed 14	Paringa	
<i>Christmas Day</i>	Sun 25		