

Paringa Archers Newsletter



Target, Field and Indoor: 201 Reatta Rd, Trevallyn Reserve, Launceston, Tasmania
www.paringa.archerytasmania.org.au

April 2025 Newsletter

New Sign

The new sign at the front gate looks good and now has the weekend Come and Try days on it.



Congratulations Trudy and Alex

Trudy and Alex had a great Good Friday surprise. Little Thomas James was born Good Friday night at 8:25pm. He weighs 3.1kg. He and Trudy are doing really well.



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Great News

It has recently been announced that a compound mixed team event will be added to the 2028 Olympic Games. This is great news for archery in general, and specifically compound archery. Archery was only re-introduced to the Olympic Games in 1972 so to get one more category in is a positive step forward.

More Great News – New Tasmanian Archery Store

A new archery store based in Hobart has recently opened. It is called INTO Archery and is mainly online, but Hannah from INTO is also happy to arrange product viewings. Cam, Hannah and their three children are members of Van Diemen Archers and enjoy barebow and longbow shooting.

INTO Archery

www.intoarchery.com.au

Your Tasmanian archery store.

Specialising in equipment for:

- recurve archery
- barebow archery
- traditional archery



Our aim is to make archery equipment easily accessible and understandable for everyone, from beginners to seasoned archers.

Need advice or assistance? Looking for something specific?

We're here to help. If there's something you need that we don't currently stock, let us know. We'd love to hear from you.

Cam and Hannah

Ph. 0407 252096, email: hello@intoarchery.com.au

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Competition News

1st Saturday Shoot

The first Saturday shoot saw 8 members enjoy the double 'social shoot' round. Quite a few managed to shoot rounds over 400, with Duncan Cooke (Recurve) and Dean Emery (longbow) shooting cumulative double rounds over 900 each.

Results at

<https://archersdiary.com/ViewResults.aspx?id=03b357063-9a68-48a6-8dbe-4b47b96c9465>

Southern Championships

Good to see Jeff Garner holding the banner for Team Paringa at the Southern Championships. Jeff did try to convince some others from the club to take part, but just the wrong weekend!

Of the 8 archers who took part, nearly everyone was the only competitor in their division! Jeff shot on the first day in the 60+ recurve division along with Bill Bennett from Arrogone and this was the only category with more than one archer. The highest score for the 2 days was shot by Stephen Potter from Hobart, not bad for a 70+ archer, and proving this is a great sport for all ages.

Results at

<https://archersdiary.com/ViewResults.aspx?id=0e99d82ee-d8f5-4f92-a39c-defee99ceeda>

Mid-Week Shoot

Only three takers for the mid-week shoot this month. Some good shooting from Bill, Denise and Karen.

Results at

<https://archersdiary.com/ViewResults.aspx?id=01aeb5427-3b4a-411e-9e6d-601122dc8cb8>

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2nd Saturday Shoot

What was initially looking like a pretty sparse entry list ended up being quite a good turnout for the 2nd Saturday shoot. We even had two entries from Burnie who stayed on after coming up for a coaching session with Clint.

Those Burnie archers were certainly envious of the great weather and relative lack of wind that Paringa managed to turn on. So much so that the next day Ian Bessell sent a rare picture of the Burnie target range flag with no wind present – they must have weighted that flag down with lead!

A range of rounds were shot on the day, including the 50m WA round for compound on a 6 ring 80cm face, to 40, 30 and 20m 720 rounds.

Barebow recurve shooters were the most represented with the 3 highest rating scores going to Dean, Yann and John. The 3 highest ratings for longbow were for Tony, Roger and Paul. Recurve were Ian Bessell from Burnie, Duncan Cooke and Bill Greer, and for compound were Peter and Andrew Glover from Burnie.



Results at

<https://www.archersdiary.com/ViewResults.aspx?id=0ad4a723c-b99e-434a-8a95-77995369a037>

4th Saturday Shoot

Archers shot either a Geelong (30m) or Newcastle (20m) round for the 4th Saturday shoot.

It was a close outcome in the 20m round with Bill Greer shooting 753 with recurve, just pipping John Dodos on 748 with longbow.

Dean and Yann shot the 30m round with Dean taking first on 734 points.

This round was interesting in that it was being conducted at the same time as the Oceania Challenge (see below) with both being timed separately. The longbow/barebow recurvers (and Bill), completed their round at least one full distance before those shooting the Oceania Challenge – definitive proof that it is quicker to shoot without sights! ☺

Results at

<https://archersdiary.com/ViewResults.aspx?id=07d94a095-90fd-4cfc-aa8d-2f724b9d167d>

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Oceania Challenge

On Saturday 26th April the club ran the 4th Saturday shoot, but also the Oceania Challenge which was an AA online tournament, shot across several Oceania countries, and designed to engage members in competitive shooting. A variety of rounds can be shot across several age groups.

Seven archers competed in the WA 60/900 (Canberra) round. It was good to see Toby Chalk from Hobart Archers shooting at Paringa for this round. It was close competition between Jeff Garner and Duncan Cooke who both shot recurve, and only 3 points between them. The compound ranks, were also close with only 21 points separating first from fourth. Jack Brown from Paringa shot a Short Canberra round with barebow recurve.

Results at

<https://archersdiary.com/ViewResults.aspx?id=011dcff0c-5402-4560-9bd3-3be1d59fa83c>

The Oceania Challenge is a great way to experience tournament style shooting in a relaxed format. If you haven't shot in a tournament before, this is a great way to start.

If you missed the shoot on 26th April, another will be held on 24th May. Registration is on Archers Diary.

Participants may compete more than once but only **one result per person** may be submitted (no multiple entries with different bow types or in different age groups).

Short Round (for people shooting Recurve, Compound or Barebow who have been in archery for 12 months or less or have never shot further than 40m): 30 arrows shot from each of the 40m, 30m, 20m distances on a 122cm target face.

Barebow & Longbow Rounds:

30 arrows shot from each of the 50m, 40m, 30m distances on a 122cm target face.

Long Round (for everybody else shooting Recurve and Compound):

30 arrows shot from each of the 60m, 50m, 40m distances on a 122cm target face.

Categories:

Under 16s (born in 2009 or later): male/female – Recurve, Compound, Barebow, Longbow

Under 18s (born in 2007 or later): male/female – Recurve, Compound, Barebow, Longbow

Under 21s (born in 2005, 2006, 2007): male/female – Recurve, Compound, Barebow, Longbow

Open (born in 2004 to 1974): male/female – Recurve, Compound, Barebow, Longbow

50+ (born in 1974 or earlier): male/female – Recurve, Compound, Barebow, Longbow

Please register for the correct event if you want your score to count towards the Oceania Challenge.

Please ask Geoff Dyer recorder@paringaarchers.org.au or Jeff Garner president@paringaarchers.org.au if you require further information.

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Upcoming competitions

Calendar Events for May

May 4 Target QRE Burnie Archery Club entry via
<https://archersdiary.com/EventEnrol.aspx?id=32b95daa-afb1-4a2a-b07b-6c1d0d791261>

May 17 Target QRE 720 rounds Hobart Archers
<https://archersdiary.com/EventEnrol.aspx?id=3916070d-d243-48d0-8d3a-53f2ba14caa4>

May 18 Northern Indoor Paringa Archers entry via
<https://account.archery.assemblesports.io/c/club/Paringa%20Archers/finder?id=3003474>

Social shoots

Mini Clout

The Saturday of the mini clout saw some impressive hits dead centre. At one stage there were 3 arrows in the clout and a fourth just clipped it! Some good scores as well, with Paul getting closest to a 300 round at 60m, followed by Denise at 50m nearly shooting a 300, with 295.



Results at

<https://archersdiary.com/ViewResults.aspx?id=052bf4736-0e82-466f-b224-d99046803b63>

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Paringa Archers Decathlon Saturday May 31st, 2025, Shotgun Start

**Practice 11am - Round 1, 11:30am
Lunch, BYO
Round 2, 1:00pm approx**

10 different targets, 6 arrows per target

Flu Flu arrows and blunts will be provided where required.

Bare Bow Recurve or Longbows, maximum 40lb

Club bows available if you need them.

Distances mostly 30mtrs or less,

Variety of targets to test your skills including:

Featuring the “Wheel” the “Popinjay” and the “Ball”

**Come and test yourself, have some fun,
and enjoy the banter**

**Registration to shoot, please text Dean 0483870403 or email
dean.emery@rocketmail.com**

Look forward to seeing you there

Any members available to help set up from 10am would be appreciated

**The indoor venue is not available for the Decathlon and the shoot will be cancelled if
conditions are too wet for outdoors**

Bowstrings – Flemish Twist or Endless Loop?

Last newsletter mentioned a bit about what types of string material are in common use. There was a brief mention of flemish twist and endless or continuous loop bowstrings. So, what is the difference?

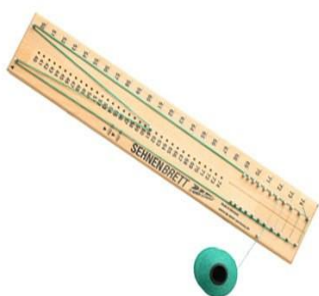
Basically, continuous loop bowstrings are what you would see on most bows and are usually recognised by the use of serving on the looped ends. Some of these strings might not have serving on the loops but will always have serving leading up to the loop as this is what keeps the string held together.

Flemish twist bowstrings are what you would characteristically see in use on equipment such as longbows, as they are more in keeping with traditional string making. Some recurve archers choose to shoot with Flemish strings as well. Flemish twist strings are not suited to compound bows, the end loops are twice as thick and possibly won't fit onto the pegs inside the wheels, or in the wheel tracks. There is also the minor point that because of the way they are made, they might rip apart!

There will always be discussion, especially among traditional archers, as to what type of string is best. Some claim that the Flemish string is quieter, some say that an endless loop string is quicker and needs less twists in it. It can simply be down to personal preference what type to use.

The main difference is in how the strings are constructed. An endless loop string is one length of string simply wound continuously around two pegs until the desired number of strands is achieved. Serving is then applied where the loops will be and leading up to the loop. The whole process can be manual, although automated string jigs make the process very accurate and easy to replicate. It is essentially the serving that keeps the string together. This is something to remember with your own bowstring, or particularly the come and try equipment when you see the end serving starting to unravel! Because of the way it is made, an endless loop string has $\frac{1}{2}$ the number of strands in the loops as it has in the body of the string.

A Flemish twist string is usually made in two halves in a special string jig but can be made without a jig. You will end up with two long lengths of bowstring strands which are then waxed and twisted together to form the bowstring. Both lengths are laid next to each other, and the ends are braided by a series of twists that then form the end loops. A Flemish twist string has the same number of strands in the loops as it has in the body of the string. Again, it is the loops that hold the string together. If you try and take away twists in the string to lower brace height, there is a real possibility the string will unravel.



An example of a Flemish Twist string jig (left) compared with an endless loop jig (right) – not to scale



Flemish twist string -note the twisting throughout the loop

When making strings, a good string maker will always pre-stretch a completed string to take out any creep in materials and to help 'lock in' the loops. With use of modern materials, bowstring stretch should be almost non-existent when placed on a bow, but it always pays to check your brace height after several shots. Flemish twist strings are more prone to stretch but when settled in should be very stable.

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Scheduled Events

Scheduled Paringa activities						
Day	Morning	Team	Afternoon	Team	Evening	Team
1 st Wednesday			Club 90 arrow shoot	Karen Neil	Come N Try, Coaching	Jeff Garner Clint Freeman
1 st Saturday	Social shoot		Social shoot	Roger Emery Dean Emery		
2 nd Wednesday					Club Indoor 18m	Jeff Garner
2 nd Saturday	Come N Try	Peter Mulholland (Dos) John Dodos Emma Hutchinson	Club 72 arrow shoot	Jeff Garner		
3 rd Wednesday					Club Indoor 18m	Jeff Garner
3 rd Saturday	Mini Clout		Mini Clout	Roger Emery Dean Emery		
	Coaching		Coaching	Jeff Garner		
4 th Wednesday					Club Indoor 18m	Jeff Garner
4 th Saturday	Come N Try	Dean Emery (Dos) Tony Delphin Brian Swinton Debbie Draeger	Club 90 arrow shoot	John Dodos		
5 th Wednesday					Club Indoor 18m	Jeff Garner
5 th Saturday			Decathlon shoot	Roger Emery Dean Emery		

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Clint Freeman

Strings

Clint Freeman strings are made from the highest quality products from BCCY fibers. With over 20 years of stringmaking experience, Clint Freeman strings have accumulated in excess of 50 National titles, 2 World titles, multiple international podium finishes, 15 World records plus countless National and State records.

To help reduce any annoying peep rotation or stretch, Clint Freeman strings are constructed under incredibly high tension.

STRINGS and CABLES

RECURVE - \$40 (made from "8125")

COMPOUND - \$40 (made from "X" and "8190")

Mathews solo-cam compound string - \$80

COMPOUND STRING/CABLE SET (5 total)
(please allow one week)

\$115

STRING CABLE FITTING

(This includes cam timing, draw length set and centre serving to suit nocks)

\$80

Colours currently available in "8125": Black

Colours currently available in "X": Black, Flo Yellow and Flo Green

Colours currently available in "8190": Black, Blue and Buck Skin

Please contact Clint Freeman by
email: freemancint@hotmail.com or mobile: 0467299051 to discuss your string needs.

TRAD ARCHERY
SUPPLIES

<div>CUSTOM ARROWS</div> <div>Hand built for you. Custom colours. Unique design.</div> <div>FROM \$75</div>	<div>CUSTOM STRINGS</div> <div>Flemish twist string Endless loop string High performance B55 or D97</div> <div>FROM \$35</div>	<div>TRADITIONAL EQUIPMENT</div> <div>Shooting gloves Recurve bows Quivers Arrow pullers String wax</div> <div>P.O.A</div>
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