Paringa Archers' Newsletter

PUNCESTON

Target and Field: 201 Reatta Rd, Trevallyn Reserve, Launceston, Tasmania

October's Newsletter

Presidents Notes

October was a mixed lot of weather but mostly we managed to get all the shoots completed.

The Coaching Conference in Campbell Town was well attended with five Paringa members taking part. Some of the topics covered included Reaccreditation update for coaches, Jury of Appeal, Prep for your first event and basic equipment setup. AST Delegate 1: Jeff Garner Public Officer: Trudy Owen Club Couch: Jeff Garner Member Protection Officer: Peter Mulholland

The volunteers who run the weekend club/fun shoots are currently looking at changing the order and format of these shoots for 2024. Have a chat to Roger Emery, Dean Emery, John Dodos or myself if you would like to know more.

December - Paringa is hosting the State Target Championships 2-3 Dec 23. The Special General Meeting (SGM) and Annual General Meeting (AGM) will be held. If you want to take on a position on the committee or helping with the operations of the club it is a good time to have a chat to a committee member or others that have an active role, to see what is involved. Ie: Committee, Come N Try, ground/building maintenance etc

Perfect Ends, Jeff Garner president@paringaarchers.org.au

Nominated Volunteers for 2023:

President: Jeff Garner Vice President: Peter MulHolland Secretary: Alex Johnston Treasurer: Trudy Owen Recorder: Geoff Dyer Tournament Director: Geoff Dyer Couching Coordinator: Jeff Garner IT Administrator: Jeff Garner Public Relations: Emma H AST Delegate 1: Jeff Garner AST Delegate 2: Geoff Dyer Public Officer: Trudy Owen Club Couch: Jeff Garner Member Protection Officer: Peter Mulholland

Photos from around the club in October







Editor: Alex Johnston

Club Website:www.paringa.archerytasmania.org.au Page 1 Event Results : archersdiary.com

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Photography Policy

Safety is the number one priority of all members. This includes not only physical safety but also privacy and member protection and are covered by Paringa, Archery Tasmania and Archery Australia constitutions, policies and rules.

When you pay your membership, you agree to conditions, including "I agree that as a member of Paringa Archers Club, I am aware that I have a responsibility to respect the Constitution and Rules of the associations and affiliations of Paringa Archers Club, namely Archery Tasmania and Archery Australia." procedures that are slightly different to a club shoot.

Recently there have been some breaches of these range rules.

Please don't take photos or videos of anyone on the Paringa grounds without their consent and in the case of minors, the consent of the parent or guardian.

Range rules can be found on the outside southern wall of the Indoors and the Paringa website. Please make yourself familiar with these rules as they are there for everyone's safety. Perfect ends, Jeff Garner - President

RDP and QRE

Hello, Members,

The Regional Development Programme – RPD as we refer to it on the calendar has recently had some changes. RDP is run by Murray Frith for the state and Jeff Garner at our club. So your first point of contact if you are interested would be Jeff.

The goal for RDP is to improve technique and form of our members. The basic of archery teach us that good form means good groups and eventually good scores. So it stands to reason that working on form is a good way to start improving your scores.

The coaching sessions are 1 on 1 with either Murray or Jeff. This is a good opportunity to get help with form and gear. Both coaches have an immense amount of knowledge and will be able to help.

For Paringa the changes mean that RPD is open to everyone. You do not have to be shooting a certain distance or have a qualifying score.

Everyone is welcome to attend. The format of the day is now a Qualifying and Ranking Event – QRE in the morning and coaching in the afternoon.

You do not have to attend the QRE to attend the Coaching. Our club is holding QREs to help members and 'Team Paringa' to prepare for the up coming state interclub competition. QREs are a good opportunity to set a goal and see how you preform in a competition setting. They are run with timing gear and scoring

The outdoor QREs will be shot the 3rd Saturday morning with 720 rounds only. Indoor QREs will be the 3rd Wednesday night of policies and rules in the areas of photos/videos and the month with a WA 18m indoor round. You can register on archers diary, with no cost.

> I have been attending RDP now for some time, it is a fun day. I have learnt a lot about gear set up, tuning my bow as well as technique, form and the mental game that comes along with archery. I hope to see some new faces attending next month. Tight Groups, Emma.

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COME AND TRIES

We are looking for any members who would be willing to occasionally participate as a backup come n try team member.

The Saturday schedule is the 2nd and 4th Saturday of the month, we currently have 2 full time teams for these days but sometimes members just can't make it and instead of putting a further load on other team members to try swapping days, we would like to have a separate group of members available we could call on.

The Wednesday schedule is the 1st Wednesday from 6:30pm to 9:00pm.

Any members willing to help please send Jeff Garner your contact details and phone number. It will be up to individual come n try team members to contact relief members and make the arrangements.

Scheduled Paringa activities per month (as at 13/10/2023)						
Day	Morning	Team	Afternoon	Team	Evening	Team
1st Wednesday			Club 90 arrow shoot	Karen Neil	Come N Try, Coaching	Jeff Garner Clint Freeman
1 st Saturday			Club 72 arrow shoot	Jeff Garner		
2 nd Wednesday					Club Indoor	Jeff Garner
2 nd Saturday	Come N Try	Alex Johnston (Dos) Trudy Johnston Kimbal McMahon John Dodos	Club 90 arrow shoot	John Dodos		
3 rd Wednesday					Club Indoor	Jeff Garner
3 rd Saturday	RDP	Murray Frith Jeff Garner	Longbow shoot	Roger Emery Dean Emery		
4 th Wednesday					Club Indoor	Jeff Garner
4 th Saturday	Come N Try	Dean Emery (Dos) Debbie Draeger Tony Delphin Brian Swinton	Mini Clout	Roger Emery Dean Emery		
5 th Wednesday					Club Indoor	Jeff Garner
5 th Saturday			Decathlon shoot	Roger Emery Dean Emery		

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