

# Paringa Archery Club Newsletter

## Join in, achieve and have fun.



Target and Field: 201 Reatta Rd, Trevallyn Reserve, Launceston, Tasmania

### July 2017

To help make the newsletter relevant for you, please pass on any copy, comments, suggestions or submissions to the email in the footer or catch me at the club.

For what's happening at Paringa and Archery in Tasmania, see Paringa's [AST calendar](#)

### This Month's Face of Paringa



Mostly I'm happy but sometimes I'm serious.  
(Photos by Richard Goninon)



That just about sums up this month's member, Barrie Peers. Barry was a member in the early 1980s to 1990 and recently found a renewed interest in archery

(when mother permits). He helped build the drainage around the range, did some of the rock wall on the club house, the small wooden bow case stands and table next to the shelter.

Great to see you back Barrie and your 60/900 Vet+ [State record shot at the club Sat 8<sup>th</sup> shoot](#) should inspire.

### Paringa Indoor Project

*"Whatever good things we build end up building us". Jim Rohn*

Thursday, 6 July 2017

**PA NO: 2017110**

APPLICANT: Cyclad Buildings

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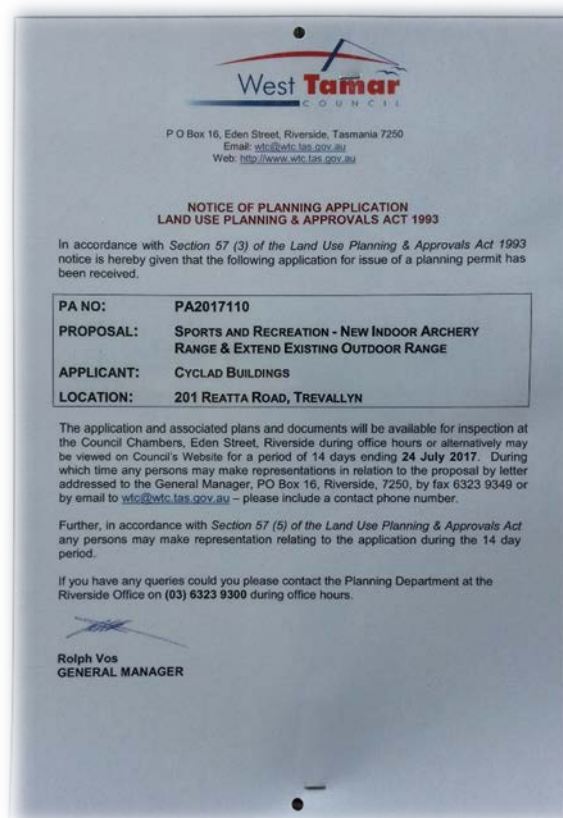
PROPOSAL: Sports and Recreation - New Indoor Archery Range & Extend Existing Outdoor Range

LOCATION: 201 Reatta Road, Trevallyn

CLOSES: 5:00PM 24 July 2017

#### Documents to download

PA2017110 - Archery Range - 240 Reatta Road (.pdf, 1.36 MB) - 9 download(s)



#### Current status

- **15/8/17** – WTC meeting. Will consider PA NO:2017110.
- **26/7/17** – Builder advised that there were a couple of letters against the Dev App.
- **24/7/17** – Last day to lodge with WTC
- **7/7/17** – WTC Development Application sign on front fence.

Once the WTC approve the Development Application it will be time to start looking at fund

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raising. We need another \$15,000 to reach the budget target of \$80,000 club funds.

### Club Meetings

Paringa meeting 1/7/17

Jeff G, Brian , Wayne, Tim, Richard, Wal, Shirl, ' Rolfe, Caitlin, Geoff, Barry Pierce, Tom, Richard G, Paul K,

Rolfe

Contacted -Anna Povey re working bee to cut non native trees. List in newsletter of work.

Tim moves to congratulate Jeff on the Grant proposal.

Jeff- \$9000 spent on indoor project.

Parks has ticked everything off, just waiting for building proposal. Signs to be installed and awaiting Council Building Permit.

\$1000 grant given to Matt for his overseas trip, proposal to support home the Youth Worlds. Media coverage worth more than the \$1000. Notes the importance of informing media.

Beginner Coaching session application now online.

Burnie would like to borrow 6 butts for the Masters in October. - unanimous

Coaching course

Changes to accreditation, Hobert had big flags for C&T

Indoor Project

We are short of money to do the indoors. Still need to raise \$15000

Once council approves then we'll organise a committee.

Shirley argues we wait and apply for a new dollar for dollar grant.

67 members at the moment.

Tom questions having a tournament for the opening of the indoor

Coaching: spent some money starting coaching programme, coaching levels are now national.

Manager of high performance will go to all states to communicate their programme to get the coaching up to a level. Intended to teach how to coach, and the talent identifier programme started.

Brian, proposing shoot for long bow. Along the same lines as the twilight shoot on Sat arvos 3 butts at 30m and 3 @40, 3 ends 40, 30, 20. One off done for media promo.

Tim: request from parent Members need to be careful of their language, Rolfe to send email to members. A has

Paul K notes C&T line being held up by members, proposal that whistle blown once C&T finishes. Rolfe to email members - unanimous. Must be mindful of where our money comes from.

Meeting close 1.03

**Next club meeting:** See [calendar](#)

**Organiser:** President

### Working Bees

*"We make a living by what we get but we make a life by what we give."* Winston Churchill



We think the above damage was caused by broadheads (not allowed at the club) being pulled out of the target butt. A \$14 bottle of expander foam makes it okay for longbow and recurve but compounders found the foam was still soft after three days of curing (if they could only hit the yellow bit!). Other options for repairs will be looked at.

### Jobs To-do

- Indoor Project

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- Remove range hut
- Remove trees northern end of range
- Field Course
  - 80 – 60cm butt replacement with old range BCE butts. Wrap with pallet wrap.
  - Bugs eye butts replaced with new foam butts. Target 4
- Target Range
  - Wheels on remaining target butts
  - Replace wheels falling off with new design.
  - Hangers for target numbers
  - Repair stramit butts
  - Repair trolley tyres.
- Club House
  - Repair signage.
  - Front gutter blocked.
- Ext Trailer
  - Grease bearings
  - Replace tyres
- Removal of non-native and weed vegetation
  - Coordinate with the [Friends of Trevallyn Reserve](#) to identify and remove. Rolfe.

**Next Working Bee:** See [calendar](#)

**Organiser:** All members

### Groups

0 groups this month, for a total of 0 participants/

Do you know of a group that would love to have a go at archery (schools, corporate, birthdays etc)?

**Organiser:** Jeff Garner - m: 0411 878 658

### Come N Try

The weather is effecting the numbers but surprisingly strong for this time of year. A few frosty starts hasn't deterred the hard core beginners.

### Come N Try Teams

#### Team 1

Wally Morphett  
Shirley Morphett  
Richard Barnes  
Tim Smallbon

#### Team 3

Brian Swinton  
James Barker  
Michael Hinds

#### Team 2

#### Team 4

Andrew Fluck  
Damian Clark

Rolfe de la Motte  
Geoff Dyer  
Nick Heywood

### Backups:

Jeff Garner, Caitlin Street

Thanks to these members for offering their time. A few volunteers still needed (we'd like to have 4 in each group). If you can spare one morning every four weeks please contact Rolfe on 0409 686 911 or [rolfe.delamotte@gmail.com](mailto:rolfe.delamotte@gmail.com)

**Organiser:** Rolfe de la Motte and Teams

### Wish List

Some items that may be appropriate for **future consideration** by the committee,

| Description  | Est \$k |
|--|---------|
| Line marker for range lines<br><a href="http://www.trulineaustralia.com.au/item-details.asp?CategoryID=40&amp;ItemID=83">http://www.trulineaustralia.com.au/item-details.asp?CategoryID=40&amp;ItemID=83</a> | 1.2     |
| Indoor –Southwest corner target face rack  | .2      |
| Indoor – Floating floor (480 sq m @ \$45)  | 21.6    |
| Indoor - Widescreen monitor and computer   | 4       |
| Indoor - Security Monitoring + web cams  |         |
| Tarmac - car park and entry road   | 40      |
| Permanent Clout range  |         |
| Workshop (in container/Club house)   |         |
| High speed cameras (x3) for Coaching   |         |
| Pole with windsock   |         |
| Safety fence for west side of range  |         |
| Ride on mower with trailer   | 8       |
| <a href="#">Wheeled leaf vacuum</a> (range/indoor)   | 1.2     |

### Members

No new members since 1/7/2017.





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Please make our new members feel welcome when you see them around the club.

### Member Club Coaching

#### Astra Shot Trainer



The Shot Trainer is a technique training device that teaches you how to release the bowstring while maintaining shot strength and direction. The sleeve slides over your shooting arm while the adjustment strap is looped and attached to the bowstring. Once attached, releasing the bowstring transfers the force of the bow to your drawing arm elbow, forcing you to maintain strength and direction without interruption. The Shot Trainer is extremely effective in curing target panic, clicker panic, and general shot anxieties. It does so by rewiring the electrical impulses your brain of what your brain thinks a strong shot is. First timers with the Shot Trainer are known to have strong and emotional reactions. With enough practice, you can make shots with and without the Shot Trainer feel nearly identical! Proper sizing and fit is necessary to achieve results and ensure product integrity. The general rule of thumb is to provide yourself with ~2.5cm of a gap between your release fingers and the bowstring. Most archers set the Shot Trainer too long when they first start using it. It is better to be too short, than too long. You want to set it short as you can make it and still execute your shot without impairment.

When you're done shooting an end, the easy to use snap clip detaches you from your bow so you can retrieve arrows or walk around.

Keep an eye on the [club calendar](#) for the Saturday afternoons when the Club coach will be at Paringa.

**Organiser:** Club Coach

### Club Shoots



Launceston round 15/7/2017.

#### LONGBOW Shoot Sat 29<sup>th</sup> July.



See [Paring's Facebook page](#) for more pictures.

Thanks to Richard Goninon

Well, the stick and string brigade turned out in force on Saturday 27<sup>th</sup> July. There were 14 shooters on the line and they all enjoyed themselves, the good, the bad and the ugly.

They will of course, be all the better for the outing and will be better prepared for the next Longbow day, perhaps on Sat 26<sup>th</sup> August. Shooting to start at 1pm.

The results were:- (all scores out of 540)

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### 50/40/30

Rolph de la Motte 384

### 40/30/20

Adam Smith 386

Richard Barnes 359

Brian Swinton 336

Justin Clark 325

Wayne Boon 317

Paul Karosi 249

### 30/20/10

Anders Russell 412 ) 'Call the

Cameron Schwabe 406 ) handicapper'

Wally Morphet 400 )

Jeff Garner 371

Damien Clark 356

Callum Garner 347

Paul Malinowski 328

A good day enjoyed by all!



**When:** Most Saturday afternoons (See [Calendar](#))

**Organiser:** Rolfe de la Motte

### **Midweek Twilight Shoot**

**Organiser:** Brian Swinton

### **QRE (WA)**

**Organiser:** QRE Official

### **Target (WA)**

**Organiser:** Tournament coordinator

### **Indoor (WA)**

National/AST Indoors at Burnie 22-23/7/2017



All ready to go.



First flight had AB CD archers. With 3 flights on Saturday and 2 on Sunday.



Young guns (Kaitlyn, Matt and Sarah) and Barrie.

As well as National and AST placings, some archers also received some All Gold and Perfect medals.

Gold All Gold 18m - Damian, Kaitlyn, Nick, Geoff

Gold Perfect 18m - Nick, Geoff

Silver All Gold 18m - Damian, Kaitlyn, Nick, Geoff

Silver Perfect 18m - Nick, Geoff

See all results at [Archers Diary](#). [Filter by RGB \(AST\) at the top](#). Or [Find on page](#) (ctl f) for "Paringa"



### **Field (WA)**

**Organiser:** Tournament coordinator

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### Clout (AA)

Organiser: Paul Malinowski

All results at [archersdiary.com/EventResults.aspx](http://archersdiary.com/EventResults.aspx)

### Rabbit of the Month

*"Bernard" taking a moment*



His *signed* hat weighs heavily on his mind.



*Now that's a hat.* Jeff channelling his ancestors at the Longbow shoot. Perhaps others will be inspired in the spirit of the Longbow.

### The Final Say

A couple of comments from members has indicated that not everyone reads the material sent with their new membership card.

The **Public Liability Poilcy** AA covers members with only extends to registered shooting members.

***"Clubs must register their total shooting members and ensure any person shooting on their venue is currently registered with Archery Australia as a Member or Temporary***

***Member. Failure to register all persons shooting or engaged in approved Club activities at a Club venue or failure to comply with Temporary Membership rules may void the policy. " [Archery Australia Insurance](#)***

**The policy may be voided if non-registered shooters are at the club and the club and members may be held personally liable.**

### Paringa Archers Committee

|                            |                   |
|----------------------------|-------------------|
| President                  | Rolfe de la Motte |
| Vice President             | Tim Schwabe       |
| Treasurer                  | Jeff Garner       |
| Secretary                  | Caitlin Street    |
| Recorder                   | Geoff Dyer        |
| Schools Prog Coordinator   | Jeff Garner       |
| Group Bookings Coordinator | Jeff Garner       |
| Tournament Coordinator     | Andrew Fluck      |
| QRE Official               | Geoff Dyer        |
| AST Delegate               | Andrew Fluck      |
| AA Club Coach - Compound   | Jeff Garner       |
| AA Club Coach - Recurve    | Jeff Garner       |
| Public Relations           | Jeff Garner       |
| Public Officer             | Caitlin Street    |
| Member Protection Officer  | Caitlin Street    |
| Web Administrator          | Jeff Garner       |
| Auditor                    | Camerons          |



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### Clint Freeman

### Strings

Clint Freeman strings are made from the highest quality products from BCY fibers. With over 20 years of string making experience, Clint Freeman strings have accumulated in excess of 50 National titles, 2 World titles, multiple international podium finishes, 13 World records plus countless National and State records.

To help reduce any annoying peep rotation or stretch, Clint Freeman strings are constructed under incredibly high tension.

#### STRINGS and CABLES

RECURVE - \$40 (made from "S125")

COMPOUND - \$40 (made from "X" and "S190")

Mathews solo-cam compound string - \$80

COMPOUND STRING/CABLE SET (\$ total)  
(please allow one week)

\$115

#### STRING/CABLE FITTING

(This includes cam timing, draw length set and centre serving to suit nocks)

\$80

Colours currently available in "S125": Black

Colours currently available in "X": Black, Flo Yellow and Flo Green

Colours currently available in "S190": Black, Blue and Buck Skin

Please contact Clint Freeman by

email [freemanclint@hotmail.com](mailto:freemanclint@hotmail.com) or mobile: 0467299051 to discuss your string needs.

Club members receive 5% discount at Benson Archery when quoting club number: **BA013**

*Proudly supporting your archery club*

164 - 166 Parramatta Road, Granville, NSW 2142 - 02 9682 3080  
[www.bensonarchery.com.au](http://www.bensonarchery.com.au) - [info@bensonarchery.com.au](mailto:info@bensonarchery.com.au)

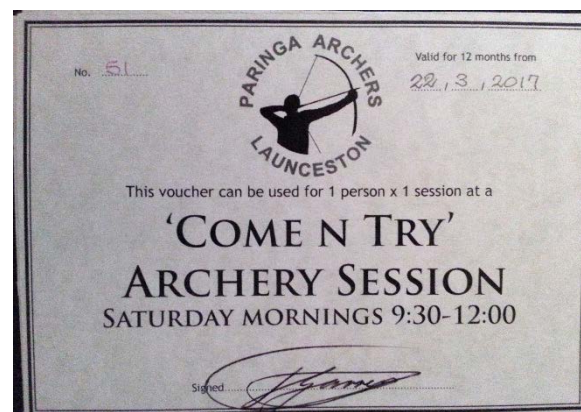
Valid for 2017

[bensonarchery.com.au](http://bensonarchery.com.au)

## Looking for that special gift? Look no further!

Yes, the **Paringa Gift Card** says it all.

See Shirley at the club of a Saturday morning and secure one (bargain price of \$15) or more for that special someone.



[PARINGA ARCHERS / ARCHERY SOCIETY TAS \(AST\) EVENTS CALENDAR](#)

[www.pats-archery.com](http://www.pats-archery.com)

Mt Nelson Tas [Website link](#)