

Paringa Archery Club Newsletter

Join in, achieve and have fun.



Target and Field: 93 Reatta Rd, Trevallyn Reserve, Launceston, Tasmania

December 2016

To help make the newsletter relevant for you, please pass on any copy, comments, suggestions or submissions to the email in the footer or catch me at the club.

For what's happening at Paringa in 2017, see [Paringa's calendar](#)

This Month's Face of Paringa

Time to feature some non-members that call Paringa home.



Now it's hotter the reptiles are out and about. This blue tongue crossed the north east end of the range just before the twilight shoot on Wed 30/11/16.



While waiting for a school group last March, Brian and Jeff saw this tiger snake along the path to the range. Not many people notice them but the Tawny Frogmouth are also around now and the other day,

Matt even gave one a pat.



A past president once told me a scarlet robin land on his recurve stabiliser, while he was at full draw,

during a mid-week practice session.



The Red Eye cicada has been making a noise lately.

All these as well as the wrens and our resident currawong who regularly swoops over the range.

Keep your eyes open as you never know what's about.

Paringa Indoor Project

Current status

- 1/11/16 – Meeting with Platinum Earth Moving to quote extending range 10m. Quote \$3k
- 18/11/16 – [Flora and Fauna Survey Report](#) received from Bush Matters (Anna Povey)
- 21/11/16 – P&W RAA Step 4 completed and submitted to Ranger, Adam Smith.
- **7/12/16** – Letter from Minister Michael Ferguson to Minister Matthew Groom (Parks) seeking advice on whether the indoor project can progress.

After the RAA we can start looking at the West Tamar Councils building approval process and fund raising.

Christmas BBQ 10/12/2016



Good food and a few laughs. Thanks for the BBQ and clean-up, the next morning, Brian.

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Life member Peter Fisher with his wife Carol.

Club Annual General Meeting

The club AGM was held on Sat 10th Dec at the club house. Minutes still to be provided. All committee positions remained the same.

Next club meeting: See calendar

Organiser: President



Members may not be aware that the current **AA President** is Tom Wild from Launceston. Tom is also a past Paringa President and current member, so say hello when



you see him shooting at the range.

Working Bees

Jobs To-do

- Field Course
 - 80 – 60cm butt replacement with old range BCE butts. Wrap with pallet wrap.
 - Bugs eye butts replaced with new foam butts
- Target Range
 - Wheels on remaining target butts
 - Replace wheels falling off with new design.
 - Repair stramit butts
- Club House

- Noon Friday 9th December to clean for Christmas function on Sat 10th Dec.
- Removal of non-native and weed vegetation
 - Coordinate with the [Friends of Trevallyn Reserve](#) to identify and remove.



And now the front gate will need some work after someone bent it out of shape sometime during the night of Sat 17th Dec.

Next Working Bee: See calendar

Organiser: All members

Groups

This month saw 4 groups with 47 archers at Paringa. These included Scouts, Anglicare Launceston Big Picture School and a birthday party.



Our last part group for the year and mum had to do a special cake for the birthday girl. Wow! M&M's, Kit Kats for the edge and a trillion calories plus in the middle. My sort of cake 😊

Do you know of a group that would love to have a go at archery (schools, corporate, birthdays etc)?

Organiser: Jeff Garner - m: 0411 878 658

Come N Try

C&T Teams

Team 1
Wally Morphett
Shirley Morphett

Team 3
Brian Swinton
James Barker

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Richard Barnes ?
Tim Smallbon

Team 2
Andrew Fluck
Corrie van Barneveldt
Simon Timmens

Team 4
Rolfe de la Motte
Geoff Dyer
Nick Heywood

Backups:

Jeff Garner, Caitlin Street

Thanks to these members for offering their time. A few volunteers still needed (we'd like to have 4 in each group). If you can spare one morning every four weeks please contact Rolfe on 0409 686 911 or rolfe.delamotte@gmail.com

Organiser: Rolfe de la Motte and Teams

Wish List

Some items that may be appropriate for future consideration by the committee,

Description	Est \$
Line marker for range lines http://www.trulineaustralia.com.au/item-details.asp?CategoryID=40&ItemID=83	1,200
Indoor - bow case / work benches	?
Indoor - Widescreen monitor and computer	?
Indoor - Armoury	?
Power to Club House	6,000
Tarmac - car park and entry road	30,000
Permanent Clout range	?
Workshop (in container)	?
Security Monitoring + web cams	?
High speed cameras (x3) for Coaching	?
Pole with windsock	?
Safety fence for west side of range	?

Members

One new members since 1/12/2016. Paringa has 53 financial members as of 30/12/2016.

Damian Clark

Please make our new members feel welcome when you see them around the club.

Member Club Coaching

Club coaches take beginner archers and coach them to reinforce the correct form (AA specified) so that they may enjoy archery for the long term and compete in club events and tournaments, if they choose.

Typical injuries, due to incorrect form, include wrist, elbow, shoulder and neck joint/muscle issues. Strengthening of the muscles between the shoulder blades is a good indicator of correct form.

Many new archers will try and copy the style of existing high performance archers, believing that if those archers shoot well, then that must be a good way to shoot. This can result in subtle form variations putting undue strain on new archers' bodies with injuries that may not show up until after years of shooting. Ie: Doing a straight draw while using the bow arm muscles to take the draw weight rather than the bodies bone structure. Issues resulting from this example may manifest sooner in recurve/longbow archers due to the higher holding poundage.

If you have an injury, don't ignore it!



Matt with his new Team Hoyt Pro Staff shirt. Well done Matt and Clint Freeman (coach). If you want to achieve this, then have a look at

<http://hoyt.com/support/faq?c=General+Hoyt+Information>

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Keep an eye on the [club calendar](#) for the Saturday afternoons when the Club coach will be at Paringa.

Organiser: Club Coach

Launceston Challenge 2016

We have a result! **Paul Malinowski** (646 + 74.5 = 720.5) is our winner for 2016 with Daniel Youd (634 * 70 = 704) runner up. Well done to all who took part this year.

There will be a small rule change for 2017.

- Handicap score = score plus handicap
- Nearest Final score to 720 will be the round winner.
 - If Handicap score > 720 then Final score = 720 - (2 x (Handicap score - 720))
 - If Handicap score <= 720 then Final score = Handicap score

In other words if you bust 720 then you will lose twice the amount you bust by.

le: This year Mal scored 720.5. Mal's 2017 Final score would be 719.

Thanks to Wayne (Boonie) for the idea.

Bunbury - Silver Leprechaun Shoot

This postal event (2 x 60/900) was shot on the 31/7/2016 by six archers. Silver Leprechaun awards and results were received 19/12/2016 from Bunbury Archers.

Leprechaun award winners were
Matt Everett, 1st U18 Compound
Geoff Dyer, 2nd Compound
Rolfe de la Motte, 3rd Longbow.

Other placings

Ian Bessell, 5th Recurve

Jeff Garner, 6th Recurve

Mark Dixon, 10th Compound

Club Shoots

When: Most Saturday afternoons (See [Calendar](#))

Organiser: Rolfe de la Motte

Midweek Twilight Shoot

Next Twilight: 5:30pm Wed 7/12/2016

Organiser: Brian Swinton

QRE (WA)

See calendar for next QRE.

Organiser: QRE Official

Target (WA)

Next Target: 2017

Organiser: Tournament coordinator

Indoor (WA)

Organiser: Tournament coordinator

Field (WA)

Next Field:

Organiser: Tournament coordinator

Clout (AA)

Organiser: Paul Malinowski

All results at archersdiary.com/EventResults.aspx

Rabbit of the Month

This section is dedicated to notable actions that members may on occasion happen to do.

The Final Say

A great 2016, with the club ticking over and members shooting a lot of varied rounds, thanks to the Club shoots including Field and Clout as well as the usual Target rounds.

It looks like 2017 will be the big push to secure funds for the indoor facility with many members keen to get on with the project. Fingers and all else crossed for a positive Parks and Wildlife decision.

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Paringa Archers Committee

President	Rolfe de la Motte
Vice President	Tim Schwabe
Treasurer	Jeff Garner
Secretary	Caitlin Street
Recorder	Geoff Dyer
Schools Prog Coordinator	Jeff Garner
Group Bookings Coordinator	Jeff Garner
Tournament Coordinator	Andrew Fluck
QRE Official	Geoff Dyer
AST Delegate	Andrew Fluck
AA Club Coach - Compound	Jeff Garner
AA Club Coach - Recurve	Jeff Garner
Public Relations	Jeff Garner
Public Officer	Caitlin Street
Member Protection Officer	Caitlin Street
Web Administrator	Jeff Garner
Auditor	Cameron



FOR SALE

Clint Freeman

Strings

Clint Freeman strings are made from the highest quality products from BCY fibers. With over 20 years of stringmaking experience, Clint Freeman strings have accumulated in excess of 50 National titles, 2 World titles, multiple international podium finishes, 13 World records plus countless National and State records.

To help reduce any annoying peep rotation or stretch, Clint Freeman strings are constructed under incredibly high tension.

STRINGS and CABLES

RECURVE - \$40 (made from "S125")

COMPOUND - \$40 (made from "X" and "S190")

Mathews solo-cam compound string - \$80

COMPOUND STRING/CABLE SET (3 total)
(please allow one week)

\$115

STRING/CABLE FITTING

(This includes cam timing, draw length set and centre serving to suit nocks)

\$80

Colours currently available in "S125": Black

Colours currently available in "X": Black, Flo Yellow and Flo Green

Colours currently available in "S190": Black, Blue and Buck Skin

Please contact Clint Freeman by

email freemanclint@hotmail.com or mobile: 0467299051 to discuss your string needs.

Editor: Jeff Garner

Comments/Submissions: treasurer@paringa.archerytasmania.org.au

Club Website: www.paringa.archerytasmania.org.au

Event Results: archersdiary.com

DRAFT PARINGA ARCHERS / ARCHERY SOC TAS (AST) EVENTS CALENDAR 2017 JANUARY

EVENT	DATE	LOCATION	COMMENTS
Come n Try	Sat 7		Team 4
Club Shoot	Sat 7		720
QRE	Sun 8	Hobart	Target
Midweek Twilight	Wed 11		54 Arrow Round
Come n Try	Sat 14		Team 1
Club Shoot	Sat 14		900
QRE	Sun 15		
Midweek Twilight	Wed 18		54 Arrow Round
QRE	Fri 20	Burnie	Indoor
Come n Try	Sat 21		Team 2
Club Shoot	Sat 21		720
Working Bee - Field	Sun 22		
QRE	Sun 22	Burnie	Target
Midweek Twilight	Wed 25		54 Arrow Round
Come n Try	Sat 28		Team 3
Club Shoot	Sat 28		Field
Beginner's Course 1	Sat 28		
Camp Quality External C & T	Sat 28		
QRE	Sat 28	VDA	Field
QRE	Sun 29	Hobart	Field

FEBRUARY

EVENT	DATE	LOCATION	COMMENTS
Midweek Twilight	Wed 1		54 Arrow Round
Come n Try	Sat 4		Team 4
Club Shoot	Sat 4		720
QRE	Sun 5	Hobart	Target
Midweek Twilight	Wed 8		54 Arrow Round
Come n Try	Sat 11		Team 1
Club Shoot	Sat 11		900
A.S.T. Field Championships	Sat 11-Sun 12		FITA Field
Midweek Twilight	Wed 15		54 Arrow Round
QRE	Fri 17	Burnie	Indoor
Come n Try	Sat 18		Team 2
Club Shoot	Sat 18		1200
QRE	Sat 18	VDA	WA 50/720
Midweek Twilight	Wed 22		54 Arrow Round
Come n Try	Sat 25		Team 3
Club Shoot	Sat 25		Field
Bruce McCaskill Memorial Shoot	Sat 25-Sun 26	Burnie	Field & WA 60/900

Midweek Twilight	Wed 29		54 Arrow Round
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MARCH

EVENT	DATE	LOCATION	COMMENTS
Midweek Twilight	Wed 1		54 Arrow Round
Australian Open	Fri 3-Sun 5	Brisbane	National Club Challenge
Come n Try	Sat 4		Team 4
Club Shoot	Sat 4		720
QRE	Sun 5	Hobart	Target
Midweek Twilight	Wed 8		54 Arrow Round
SteamFest External C & T	Sat 11-Mo 13		
Come n Try	Sat 11		Team 1
Club Shoot	Sat 11		900
Working Bee – Trees etc	Sun 12		
3D Invitational	Sat 11	VDA	
Australian Field Open	Fri 11-Sun 12	Canberra	
Midweek Twilight	Wed 15		54 Arrow Round
Come n Try	Sat 18		Team 2
National Club Challenge	Sat 18		WA 900 Handicap
QRE	Sun 19	Burnie	Target
Midweek Twilight	Wed 22		54 Arrow Round
Para & VI Championships	Fri 24-Sun 26	Canberra	
Come n Try	Sat 25		Team 3
Club Shoot	Sat 25		Field
Southern Championships	Sat 25-Sun 26	Hobart	WA 60/900
Midweek Twilight (Last for Summer)	Wed 29		54 Arrow Round
QRE	Fri 31	Burnie	Indoor

APRIL

EVENT	DATE	LOCATION	COMMENTS
Come n Try	Sat 1		Team 4
Club Shoot	Sat 1		720
QRE	Sat 1	Hobart	Field
QRE	Sun 2	Hobart	Target
QRE	Fri 7	Burnie	Indoor
National Youth Championships	Sat 8- Thu 13	Morwell	
Come n Try	Sat 8		Team 1
Club Shoot	Sat 8		900
QRE	Sat 8	VDA	Field
QRE	Sun 9	Burnie	Target
Easter	Fri 14-Tue 18		
Come n Try	Sat 15		Team 2
Club Shoot	Sat 15		720

World Master's Games	Fri 21-Sun 30	Auckland NZ	
Come n Try	Sat 22		Team 3
Club Shoot	Sat 22		Field
Come n Try	Sat 29		Team 4
Club Shoot	Sat 29		1200
Beginner's Course 2	Sat 29		

MAY

EVENT	DATE	LOCATION	COMMENTS
Come n Try	Sat 6		Team 1
Club Shoot	Sat 6		720
QRE	Sat 6	VDA	WA 50/720
QRE	Sun 7	Hobart	Target
QRE	Wed 10	Hobart	Indoor
Come n Try	Sat 13		Team 2
Club Shoot	Sat 13		900
Southern Field	Sat 13-Sun 14	Hobart	Field
Come n Try	Sat 20		Team 3
Club Shoot	Sat 20		720
QRE	Sun 21		
QRE	Fri 26	Burnie	Indoor
Come n Try	Sat 27		Team 4
Paringa Northern Indoor Champs	Sat 27-Sun 28		Cressy
QRE	Sun 28	Burnie	Target
QRE	Wed 31	Hobart	Indoor

JUNE

EVENT	DATE	LOCATION	COMMENTS
Come n Try	Sat 4		Team 1
Club Shoot	Sat 4		720
3D Invitational	Sat 3	VDA	3D
QRE	Sun 4	Hobart	Target
Come n Try	Sat 11		Team 2
Club Shoot	Sat 11		900
QRE	Sun 10	Hobart	Indoor
Queens Bday			
Come n Try	Sat 18		Team 3
Club Shoot	Sat 18		720
AST Management meeting	Sun 18	TBA	
QRE	Wed 21	Hobart	Indoor
QRE	Fri 25	Burnie	Target
Come n Try	Sat 25		Team 4
Bunbury Silver Leprechaun	Sat 25		WA 60/900

QRE	Fri 30	Burnie	Indoor
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JULY

EVENT	DATE	LOCATION	COMMENTS
Come n Try	Sat 1		Team 1
Club Shoot	Sat 1		720
QRE	Sat 1	Hobart	Indoor
QRE	Sun 2	Hobart	Target
Come n Try	Sat 8		Team 2
Club Shoot	Sat 8		900
QRE	Sat 8	Hobart	Indoor
Come n Try	Sat 15		Team 3
Club Shoot	Sat 15		720
QRE	Sat 15	VDA	WA 50/720
QRE	Sun 16	Burnie	Target
QRE	Wed 19	Hobart	Indoor
Come n Try	Sat 22		Team 4
Club Shoot	Sat 22		900
National/State Indoor Championship	Sat 22-Sun 23	Burnie	
QRE	Fri 28	Burnie	Indoor
Come n Try	Sat 29		Team 1
Club Shoot	Sat 29		720
Beginner's Course 3	Sat 29		
QRE	Sun 30		
Clout	Sun 30	Hobart	Clout

AUGUST

EVENT	DATE	LOCATION	COMMENTS
QRE	Wed 2	Hobart	Indoor
Come n Try	Sat 5		Team 2
Club Shoot	Sat 5		720
QRE	Sun 6	Hobart	Target
Come n Try	Sat 12		Team 3
Club Shoot	Sat 12		900
Southern Clout	Sat 12-Sun 13	Hobart	Clout
Come n Try	Sat 19		Team 4
Club Shoot	Sat 19		720
QRE	Sat 19	VDA	WA 50/720
QRE	Sun 20	Burnie	Target
QRE	Fri 25	Burnie	Indoor
Come n Try	Sat 26		Team 1
Club Shoot	Sat 26		1200
AST Management Meeting	Sun 27	TBA	

SEPTEMBER

EVENT	DATE	LOCATION	COMMENTS
Come n Try	Sat 2		Team 2
Club Shoot	Sat 2		720
QRE	Sun 3	Hobart	Clout
Come n Try	Sat 9		Team 3
Club Shoot	Sat 9		900
ASTClout	Sat 9-Sun 10	??	Clout
Come n Try	Sat 16		Team 4
Club Shoot	Sat 16		720
3D Invitational	Sat 16	VDA	3D
QRE	Sun 17		
Come n Try	Sat 23		Team 1
Club Shoot	Sat 23		900
QRE	Sun 24	Burnie	Target
QRE	Wed 27	Hobart	Indoor
QRE	Fri 29	Burnie	Indoor
Come n Try	Sat 30		Team 2
Club Shoot	Sat 30		900

OCTOBER

EVENT	DATE	LOCATION	COMMENTS
QRE	Sun 1	Hobart	Target
Midweek Twilight	Wed 4		54 Arrow Round
Come n Try	Sat 7		Team 3
Club Shoot	Sat 7		720
QRE	Sun 8	Hobart	Field
Midweek Twilight	Wed 11		54 Arrow Round
QRE	Fri 13	Burnie	Indoor
Come n Try	Sat 14		Team 4
Club Shoot	Sat 14		900
QRE	Sat 14	VDA	Field
QRE	Sun 15	Burnie	Target
Midweek Twilight	Wed 18		54 Arrow Round
Come n Try	Sat 21		Team 1
Club Shoot	Sat 21		720
Australian Masters Games	Sat 21-Sat 28	Burnie	
Midweek Twilight	Wed 25		54 Arrow Round
Come n Try	Sat 28		Team 2
Club Shoot	Sat 28		Field
Beginner's Course 4	Sat 29		
National Championships	Sat 28-Wed 1		
QRE	Sun 29	Hobart	Target

NOVEMBER

EVENT	DATE	LOCATION	COMMENTS
Midweek Twilight	Wed 1		54 Arrow Round
Deloraine Craft Fair External C & T	Fri 3- Mon 6		
Come n Try	Sat 4		Team 3
Club Shoot	Sat 4		720
QRE	Sun 5	Burnie	Target
Recreation Day Ntas			
Midweek Twilight	Wed 8		54 Arrow Round
Paringa Northern Target Champs	Sat 11-Sun 12		WA 900
QRE	Sat 11	VDA	WA 50/720
Southern FITA	Sat 11-Sun 12	Hobart	Target
Midweek Twilight	Wed 15		54 Arrow Round
QRE	Fri 17	Burnie	Indoor
Come n Try	Sat 18		Team 4
Club Shoot	Sat 18		720
Deloraine Show External C & T	Sat 18		
AST AGM	Sun 19	TBA	
QRE	Sun 19		
Midweek Twilight	Wed 22		54 Arrow Round
Come n Try	Sat 25		Team 1
Club Shoot	Sat 25		1200
AST Target Championships	Sat 25-Sun 26	??	
Midweek Twilight	Wed 29		54 Arrow Round

DECEMBER

Come n Try	Sat 2		Team 2
Club Shoot	Sat 2		720
3D Invitational	Sat 2	VDA	3D
QRE	Sun 3	Hobart	Target
Midweek Twilight	Wed 6		54 Arrow Round
Come n Try	Sat 9		Team 3
Club Shoot	Sat 9		Field
QRE	Sun 10	Burnie	Target
Midweek Twilight	Wed 13		54 Arrow Round
Come n Try	Sat 16		Team 4
Christmas BBQ	Sat 16		
Club Shoot	Sat 16		900
QRE	Fri 29	Burnie	Indoor