

# Paringa Archery Club Newsletter

## Join in, achieve and have fun.



Target and Field: 93 Reatta Rd, Trevallyn Reserve, Launceston, Tasmania

### June 2016

To help make the newsletter relevant for you, please pass on any copy, comments, suggestions or submissions to the email in the footer or catch me at the club.

For what's happening at Paringa in 2016, see our Internet calendar

<http://teamup.com/kse0b691dc54d89bc2/>

#### Current Officer Bearers

President	Rolfe de la Motte
Vice President	Tim Schwabe
Treasurer	Jeff Garner
Secretary	Caitlin Street
Recorder	Geoff Dyer Wayne Boon (Entry)
Schools Programme Coordinator	Jeff Garner
Group Bookings Coordinator	Jeff Garner
Tournament Coordinator	Andrew Fluck
AST Delegate	Andrew Fluck
AA Club Coach - Compound	Vacant
AA Club Coach - Recurve	Vacant
Public Relations	Jeff Garner
Public Officer	Caitlin Street
Member Protection Officer	Caitlin Street
Web Administrator	Jeff Garner
Auditor	Cameron

### This Month's Face of Paringa



Tim Schwabe is our Vice President and grounds person. You didn't think the wallabies did all the work! His current project is the target butt wheels with a few prototypes already in place.

Unfortunately he shoots a compound but not all is lost, he is left handed.

### Paringa Indoor Project

Current status

- Waiting on P&W Risk Activity Assessment (RAA) submitted 18/4/2016. Due Sept 2016.
- 29/6/16- Advised P&W agree in principal.

After this we can start looking at the West Tamar Councils building approval process and fund raising.



Daniel Youd's shot (0 seconds, 4/100 second later)

### Club Meeting

Some agenda items for the next meeting

- Christian School fair 11/11/16
- "Kid I Am" Silverdome 19/11/16
- Club Coach
- Indoor Range project update

Next club meeting: Sat 2<sup>nd</sup> July 2016

Organiser: President

### Working Bees

Next Working Bee: see calendar

Organiser: All members

### Groups

This month saw a Riverside High school group with a total of 19 students trying out archery.

Do you know of a group that would love to have a go at archery (schools, corporate, birthdays etc)?

Organiser: Jeff Garner - m: 0411 878 658

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### Come & Try



A full line for Saturday 18<sup>th</sup> June was a good recovery after only a few turned up on the previous long weekend.

Great to see children with parents and even a pram complete with bub enjoying the range.



Caitlin with a Beginners course Sat 4<sup>th</sup> June.

### C&T Teams

#### Team 1

Wally Morphett  
Shirley Morphett  
Richard Barnes  
Tim Smallbon

#### Team 3

Brian Swinton  
Leon Pearce  
James Barker

#### Team 2

Andrew Fluck  
Corrie van Barneveldt  
Simon Timmens

#### Team 4

Rolfe de la Motte  
Geoff Dyer  
Nick Hayworth

### Backups:

Jeff Garner, Caitlin Street

Thanks to these members for offering their time. A few volunteers still needed (we'd like to have 4 in each group). If you can spare one morning every four weeks please contact Rolfe on 0409 686 911 or [rolfe.delamotte@gmail.com](mailto:rolfe.delamotte@gmail.com)

**Organiser:** Rolfe de la Motte and Teams

### Members

New members since 1/06/2016

Giuliano	Ercole
Peter	Wilson
Richard	Baker

Please make our new members feel welcome when you see them around the club.

### Coaching

So how do we improve our performance/scores?

**Performance = Bow Setup X Form X Head Space.**

Okay it's not that simple but by focusing on these three area you can incrementally improve your performance.

The table below shows how many degrees off centre shot it takes to miss the different sized targets at various competition distances. I.e: At 90m on a 122cm target you only have to be .39 degrees off centre to miss the face (5mm off at the tip of a 29" arrow) and from the table, this is close in degrees of difficulty to a 40cm target at 30m.

Dist (m)	Target size (cm)			
	122	80	60	40
90	0.39	0.25	0.19	0.13
80	0.44	0.29	0.21	0.14
70	0.50	0.33	0.25	0.16
60	0.58	0.38	0.29	0.19
50	0.70	0.46	0.34	0.23
40	0.87	0.57	0.43	0.29
30	1.17	0.76	0.57	0.38
25	1.40	0.92	0.69	0.46
20	1.75	1.15	0.86	0.57
18	1.94	1.27	0.96	0.64
10	3.50	2.29	1.72	1.15

This information allows us to practice for **form** by shooting on a 40cm face at 30m rather than collecting arrows at 90m on a 122cm face.

So if you can keep within the red on the 40cm face at 30m then it is only your **bow setup** and **head space** that will prevent you from staying in the red at 90m on a 122cm face.

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This of course doesn't take into account those "small" variations you may encounter like the weather.

### *Dress Standards*

Every now and then judges are drawn into a discussion about dress standards at tournaments. Both FITA (3.22 – these are for major international events) and AA (7.10 for Archery Australia events) have dress regulations, that need to be adhered to. However, **7.10.4 (AA Rules) stipulates very clearly that it is the responsibility of the Organising Committee to enforce dress regulations and take appropriate action if needed. It is not the responsibility of the judges for national or RGB events.** (AA Judges News Issue 65 April 2010)

See Archery Australia Inc [Constitution and Rules](#)  
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### *Club Shoots*

**Organiser:** Rolfe de la Motte

### *Midweek Twilight Shoot*

**Next Twilight:** When daylight savings starts again.  
**Organiser:** Brian Swinton

### *QRE (WA)*

See calendar for next QRE.  
**Organiser:** Geoff Dyer

### *Target (WA)*

**Next Target:**  
**Organiser:** Tournament coordinator

### *Indoor (WA)*



**Host** Hobart Archers  
**When** 16-17 July 2016  
**Venue** Sports Hall Hobart College, Mt. Nelson  
**Contact** [Email](#)  
**Phone** 0419 569 839  
[ONLINE ENTRY FORM](#)

**Organiser:** Tournament coordinator

### *Field (WA)*

**Next Field:**  
**Organiser:** Tournament coordinator

### *Clout (AA)*

**Organiser:** Paul Malinowski

All results at [archersdiary.com/EventResults.aspx](http://archersdiary.com/EventResults.aspx)

### *Rabbit of the Month*

This section is dedicated to notable actions that members may on occasion happen to do.



Daniel after his first attempt with a compound back tension release.

### *The Final Say*

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Don't forget the World Masters Games in NZ 2017 at <http://www.worldmastersgames2017.co.nz>

Paringa would like to acknowledge the support from Communities, Sport and Recreation, Premiers Department with the recent \$10k grant to help with bows, arrows and targets for community events and school groups.



<http://www.pats-archery.com/>

1/2/2015 - Due to the crashing Aussie \$ all **discount codes have ceased 01 Jan 2015**. We will recommence them as soon as the pricing structure is adjusted. We will still ship express to Tas for the same price as standard AUSPOST  
Regards Pat

## FOR SALE

Clint Freeman

Strings

Clint Freeman strings are made from the highest quality products from BCY fibers. With over 20 years of stringmaking experience, Clint Freeman strings have accumulated in excess of 50 National titles, 2 World titles, multiple international podium finishes, 15 World records plus countless National and State records.

To help reduce any annoying peep rotation or stretch, Clint Freeman strings are constructed under incredibly high tension.

### STRINGS and CABLES

RECURVE - \$40 (made from "8125")

COMPOUND - \$40 (made from "X" and "8190")

Mathews solo-cam compound string - \$80

COMPOUND STRING/CABLE SET (5 total)  
(please allow one week)

\$115

### STRING CABLE FITTING

(This includes cam timing, draw length set and centre serving to suit nocks)

\$80

Colours currently available in "8125": Black

Colours currently available in "X": Black, Flo Yellow and Flo Green

Colours currently available in "8190": Black, Blue and Buck Skin

Please contact Clint Freeman by

email [freemanclint@hotmail.com](mailto:freemanclint@hotmail.com) or mobile: 0467299051 to discuss your string needs.



Mt Nelson Tas [Website link](#)

## WANTED TO BUY

Two sets of 2<sup>nd</sup> hand Recurve bows (right handed, 20lb - 28lb), arrows, arm guards, finger tabs, quivers. Budget is \$200 - \$300  
Contact Steve Neville 0407 849 771 or [steve.neville8@gmail.com](mailto:steve.neville8@gmail.com)

## PARINGA ARCHERS / ARCHERY SOC TAS (AST) EVENTS CALENDAR 2016

Event/Tournament	Date	Club/Location	Comments
<b>JULY</b>			
Come n Try	Sat 2		Group 1
Club Shoot , Meeting before, 1:00	Sat 2	Paringa	60/900
QRE	Sun 3	Hobart/Lauderdale	
Come n Try	Sat 9		Group 2
Club Shoot 1:00	Sat 9	Paringa	Brisbane (120 arrow)
National/AST Indoors	Sat 16 - 17	Hobart/Lauderdale	
Come n Try	Sat 16		Group 3
Club Shoot 1:00	Sat 16	Paringa	Field
Come n Try	Sat 23		Group 4
Club Shoot 1:00	Sat 23	Paringa	Townsville (72 arrow)
QRE 10:00am	Sun 24	Paringa	
QRE	Fri 29	Burnie	Indoor
Come n Try	Sat 30		Group 1
Club Shoot 1:00	Sat 30	Paringa	60/900
Bunbury Silver Leprechaun (Postal)	Sun 31	Paringa	2 x FITA 900
<b>AUGUST</b>			
Come n Try	Sat 6		Group 2
Club Shoot 1:00	Sat 6	Paringa	Launceston (72 arrow)
QRE	Sun 7	Hobart/Lauderdale	
Come n Try	Sat 13		Group 3
Club Shoot 1:00	Sat 13	Paringa	Field
Beginner's Course 3 Begins	Sat 13	Paringa	
Southern Clout	Sat 13 – Sun 14	Hobart/Lauderdale	
QRE	Fri 19	Burnie	Indoor
Come n Try	Sat 20		Group 4
Club Shoot 1:00	Sat 20	Paringa	Clout
Come n Try	Sat 27		Group 1
Northern Clout	Sat 27	Paringa	
AST Management Meeting	Sun 28	TBA	
<b>SEPTEMBER</b>			
Come n Try	Sat 3		Group 2
Club Shoot , Meeting before, 1:00	Sat 3	Paringa	Clout/Short Adelaide
QRE (Fathers Day)	Sun 4	Hobart/Lauderdale	
Come n Try	Sat 10		Group 3
Club Shoot 1:00	Sat 10	Paringa	QRE rounds
AST Clout Championships	Sat 10 - Sun 11	Burnie	
Come n Try	Sat 17		Group 4
Club Shoot 1:00	Sat 17	Paringa	Field
QRE	Sun 18	Burnie	Outdoor
Come n Try	Sat 24		Group 1
Club Shoot 1:00	Sat 24	Paringa	Darwin (90 arrow)
QRE 10:00am	Sun 25	Paringa	
<b>OCTOBER</b>			
National Championships	Sat 1 - 5	Adelaide	
Come n Try	Sat 1		Group 2
Club Shoot 1:00	Sat 1	Paringa	60/900
QRE	Sun 2	Hobart/Lauderdale	



Twilight Shoots resume 5:30 start	Wed 5	Paringa	
Come n Try	Sat 8		Group 3
Club Shoot 1:00	Sat 8	Paringa	QRE rounds
Come n Try	Sat 15		Group 4
Club Shoot 1:00	Sat 15	Paringa	Field
AST AGM Notification Deadline	Fri 21		
Come n Try	Sat 22		Group 1
Club Shoot 1:00	Sat 22	Paringa	Sydney (120 arrow)
Luttrell-Clarke Memorial	Sat 22 – Sun 23	Burnie	FITA Arrowhead-900
Come n Try	Sat 29		Group 2
Club Shoot 1:00	Sat 29	Paringa	60/900
Working Bee 10:00am	Sun 30	Paringa	
QRE	Sun 30	Burnie	Outdoor
<b>NOVEMBER</b>			
Deloraine Craft Fair	Fri4- Mon 7	Deloraine	
Northern Championships	Sat 5 – Sun 6	Paringa	FITA 900
Come n Try	Sat 12		Group 3
Club Shoot , Meeting before, 1:00	Sat 12	Paringa	FITA 70/144
Beginner's Course 4 Begins	Sat 12	Paringa	
QRE	Sat 12	Burnie	Field
Southern FITA Star	Sat 12 - Sun 13	Hobart/Lauderdale	FITA Star
AST AGM Nomination/Voting Forms	Sun 13		
QRE	Fri 18	Burnie	Indoor
Come n Try	Sat 19		Group 4
Club Shoot 1:00	Sat 19	Paringa	Field
Deloraine Show	Sat 19	Deloraine	
AST Annual General Meeting	Sun 20	TBA	
Come n Try	Sat 26		Group 1
Club Shoot 1:00	Sat 26	Paringa	Townsville (72 arrow)
AST Target Championships	Sat 26 - Sun 27	Hobart/Lauderdale	FITA Star
<b>DECEMBER</b>			
Come n Try	Sat 3		Group 2
Club Shoot 1:00	Sat 3	Paringa	60/900
QRE	Sun 4	Hobart/Lauderdale	
Come n Try (last for 2016)	Sat 10		Group 3
AGM	Sat 10	Paringa	
Club Shoot 1:00	Sat 10	Paringa	Adelaide (120 arrow)
Christmas BBQ 5:30	Sat 10	Paringa	
QRE	Sun 11	Burnie	Outdoor
Final Twilight Shoot 5:30 start	Wed 14	Paringa	
Christmas Day	Sun 25		

## List of financial members as at 30/6/2016

<i>MemberID</i>	<i>Title</i>	<i>First Name</i>	<i>Last Name</i>	<i>Financial Date</i>	<i>Member Types</i>	<i>Bow Type?</i>
8592919	Mr	Richard	Baker	15-Jun-17	Veteran	Recurve
8139381	Master	Aaron	Barker	20-Jun-17	Cub	Recurve
8564420	Mr	James	Barker	23-Apr-17	Open	
3544538	Mr	Richard	Barnes	30-Jun-17	Open	
4649742	Mr	Ian	Bessell	30-Jun-16	Associate	Recurve
4551960	Mr	Wayne	Boon	2-Jun-17	Veteran	Compound
5115207	Mr	Rolfe	de la Motte	12-Jan-17	Master	Recurve
8560309	Mr	Jacob	Dean-Whatley	19-Apr-17	Under 20	Barebow Recurve
3544544	Mr	Ray	Denton	30-Jun-16	Veteran	
8564385	Mrs	Debbie	Draeger	23-Apr-17	Master	Recurve
3543873	Mr.	Geoffrey	Dyer	30-Jun-17	Veteran	Compound
8592120	Mr	Giuliano	Ercole	12-Jun-17	Open	
7180219	Mr	Matthew	Everett	14-Jun-17	Under 20	Compound
3544548	Ms	Elizabeth	Fluck	3-Dec-16	Open	Recurve
3544549	Mr	Andrew	Fluck	30-Jun-16	Veteran	Longbow
3544550	Mr	Clint	Freeman	30-Jun-17	Open	Compound
3544556	Mr	Jeff	Garner	30-Jun-17	Master	Recurve
6748591	Mr	Callum	Garner	30-Nov-16	Open	Recurve
4750039	Mr	Richard	Goninon	31-Aug-16	Open	Compound
8507391	Mr	Warwick	Green	26-Feb-17	Open	
7440396	Mr	Luke	Harvey	18-Oct-16	Under 20	Compound
8530780	Mr	Nick	Heywood	4-Mar-17	Under 20	Compound
8260267	Master	Samuel	Huett	7-Sep-16	Cub	Recurve
8539549	Mr	Ethan	Jenkins	14-Mar-17	Open	Compound
7548263	Mr	Pierce	Johnson	10-Jan-17	Intermediate	Recurve
7568212	Mr	Stephen	Johnson	17-Jan-17	Associate	
3544559	Mr	Paul	Korosi	30-Jun-16	Open	Compound
7979926	Ms	Kylie	Lane	5-Jun-17	Open	Compound
3544562	Mr	Shayne	Leslie	30-Jun-17	Master	Recurve
8450840	Mr	Daniel	Luttrell	4-Dec-16	Open	Compound
3544563	Mr	Paul	Malinowski	30-Jun-17	Master	Compound
3544565	Mr	Wally	Morphett	30-Jun-17	Veteran	Recurve
3544566	Ms	Shirley	Morphett	30-Jun-17	Associate	
8486842	Master	John	Neville	19-Jan-17	Intermediate	Recurve
8486844	Mr	stephen	neville	19-Jan-17	Master	Recurve
7700089	Mr	Duncan	Norton	27-Mar-17	Master	Recurve
7016020	Mr	Thomas	Pryer	7-Jan-17	Open	Barebow Recurve
5126997	Mr	Craig	Pullin	1-Feb-17	Open	Compound
7768396	Master	Bailey	Reid	13-Jul-16	Intermediate	
7768385	Mr	Steve	Saunders	9-May-17	Veteran	Recurve
8294814	Mr	Gard	Saxon	3-Oct-16	Open	Compound
3544573	Mr	Cameron	Schwabe	30-Jun-17	Under 20	Compound

6826010	Mr	Timothy	Schwabe	11-Jan-17	Master	Compound
8142421	Mr	Tim	Smallbon	24-Jun-17	Master	Compound
7481634	Mr	Adam	Smith	8-Nov-16	Open	Longbow
7481635	Mr	Luke	Smith	15-Nov-16	Open	Recurve
7481637	Mrs	Marika	Smith	15-Nov-16	Open	Longbow
8174437	Master	Connor	Smith	15-Nov-16	Cub	Longbow
3544584	Ms	Caitlin	Street	30-Jun-16	Master	Recurve
3544585	Mr	Brian	Swinton	30-Jun-17	Veteran	Compound
8530957	Mr	Simon	Timmers	5-Mar-17	Open	Compound
5472344	Mr	Corrie	Van Barneveld	1-May-17	Veteran	Recurve
3544586	Dr	Tom	Wild	30-Jun-17	Veteran	Recurve
8592152	Mr	Peter	Wilson	12-Jun-17	Open	Compound
3544587	Mr	Michael	Woodroffe	30-Jun-17	Master	Recurve
7481640	Mr	Daniel	Youd	19-Nov-16	Open	Compound
7548250	Mr	Siamack	Yousofi	10-Jan-17	Veteran	Recurve